

INVENTORY OF PROJECT SUPPORT COMMUNICATION RESOURCES IN PAKISTAN



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UNITED NATIONS CHILDREN'S FUND

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This is a first attempt at compiling a comprehensive list of training, motivational, information, extension and reference materials developed in Pakistan for social development in Pakistan. Materials are listed in alphabetical order covering such fields as nutrition, sanitation and women's activities, etc. A brief description of the material is given including the title, format, year published, audience, etc. While by no means complete, this should serve as a useful guide and tool for planners and field workers and will be added to on a regular basis to keep it current and up to date. CIS would be glad to hear future or missing titles from users of the inventory.

Not all the material is available for distribution. Some may be available for reference only. In addition all are not free. In order to verify the availability of individual publications please contact the publishers.



COMMUNICATION & INFORMATION SERVICE (CIS)
UNICEF, ISLAMABAD

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Services

ABBREVIATIONS

AHP	Accelerated Health Programme
BHU	Basic Health Unit
BIAD	Baluchistan Integrated Area Development
CHW	Community Health Worker
Deptt:	Department
Dte.	Directorate
EPI	Expanded Programme of Immunization
FPAP	Family Planning Association of Pakistan
Govt of Pak	Government of Pakistan
Hosp	Hospital
IACP	Investment Advisory Centre of Pakistan
Ibd	Islamabad
IGAW	Income Generating Activities for Women
LHV	Lady Health Visitor
NBHSC	National Basic Health Services Cell
NNF	National Nutrition Foundation
Pb	Punjab
Pub	Publications
P&D	Planning and Development Department
PFWC	Pakistan Family Welfare Council
P/Clinic	Polyclinic
Prov	Provincial
PHC	Primary Health Care
TBA	Traditional Birth Attendant

ADULT EDUCATION

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
عقل مند بیوی Aqalmand Biwi (Wise Wife)	Nirali-Kita- ben, Lahore	Booklet Paperback	1981	New Literates	Describes characteristics of a wise Housewife	Urdu
ساتھی نیا دن Sathi Naya Din (Companion New Day)	-do-	-do-	-do-	-do-	Simple stories for new literates	-do-
عملی اسباق تلمیذوں کے لیے Amali Asbaq Taleem-e-Balighan bara-a-Master Trainer (Practical Lessons (on) Adult Literacy for Master Trainers)	Dte of Adult Education. Punjab	Booklet		Adult liter- acy teachers	Guide for master trainers in adult education	-do-
عملی ریاضی پہلی جماعت کے لیے Amali Riazi Pehli Jamat Kay Liay (Practical Mathematics for 1st Class)	Sindhi Kitab Ghar, Karachi	-do-	1982	New Literates	Teaching of basic arithmetic for adults	-do-
آسان حساب حصہ اول دوم Asan Hisab, Hisa I, Hisa II (Easy Arithmetic, Part I, Part II)	Nirali Kitabon Lahore	-do-	1980 1981	-do-	-do-	-do-
نیا دن Naya Din (New Day)	-do-	-do-	1981	-do-	Teaching of basic Urdu	-do-
اردو کی پہلی کتاب Urdu Ki Pehli Kitab (First Book of Urdu)	S.T.B.	-do-	1982	-do-	Simple lesson of Urdu for children and adults	-do-
بنیادی کتاب بالیغوں کے لیے Bunyadi Kitab Balighan Kay Liay (Basic Book for Adult Education)	Dte of Adult Education, Pb	-do-	1980	-do-	-do-	-do-
بنیادی حساب بالیغوں کے لیے Bunyadi Hisab Balighan Kay Liay (Basic Arithmetic for Adult Education)	-do-	-do-	1980	-do-	-do-	-do-

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Achha Shohar (A good husband) اچھا شوہر	Nirali Kitabeh, Lahore	Booklet	1981	New Literates	Describes good characteristics of a good husband for a happy family	Urdu
Pakistan Hamara Watan (Pakistan - Our homeland) پاکستان ہمارا وطن	-do-	-do-	-do-	-do-	Simple introduction to Pakistan	-do-
Khat Zaroor Likhna (Do write letters) خط ضرور لکھیں	-do-	-do-	-do-	-do-	Describes how a letter is written with sample of a letter	-do-
Rahnuma-e-Asaatiza (Teachers' Guide) رہنمائے اساتذہ	-do-	-do-	-do-	-do-	Teaching of basic Urdu reading and writing	-do-
Mai Kon Hoo - Iim-e-kainat (Who am I - knowledge of universe) میں کون ہوں۔ علم کائنات	-do-	-do-	1979	-do-	Simple introduction to universe and the environment	-do-
Jahez (Dowery) جہیز	-do-	-do-	1975	-do-	Describes the problem of dowery and its reflection on poor families.	-do-
Salma-Sughar Biwi (Salma - A good wife) سلمان سگھر بیوی	-do-	-do-	1978	-do-	Describes characteristics of a good housewife	-do-
Qarz ek Marz (Debt : a curse) قرض ایک مرنی	Dte of Adult Education, Pb	-do-	1976	-do-	Describes the problems of a borrower and teaching of simple living	-do-

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
علمی اور ترقیاتی گیت Geet Ilmi Owr Taraqlati (Songs on Education and Development)	Dte of Adult Education, Pb	Booklet	1980	New Literates	Promotion of adult literacy	Urdu
گھر کی رانی Ghar Ki Rani (Queen of Home)	-do-	-do-	1981	-do-	Teaches characteristics of a good housewife	-do-
ترقی کی راہ Taraqi Ki Rah (Road to Prosperity)	-do-	-do-	1974	-do-	Awareness of health, hygiene and nutrition	-do-
آؤ لکھنا سیکھیں Ao Likhna Seekhain (Let us learn writing)	-do-	-do-	-	-do-	Teaching of basic writing of Urdu for adults	-do-
آؤ بچو تہیز سیکھیں Ao Bacho Tameez Seekhain (Let us learn etiquette)	Nirali Kitabon	-do-	1979	-do-	Teaching etiquette to children	-do-
ابتدائی حکیم برائے قہیم بالغان Ibtadai Kitab Bara-i-Taleen-e-Balighan (Basic Book for Adult Education)	AIOU	-do-		-do-	Teaching of basic Urdu writing for adults	-do-
اردو قاعدہ Urdu Qaida (Urdu Book)	Sindhi Text Book Board	-do-	1982	-do-	Elementary book of Urdu Teaching for Children	-do-
میرا گھر - گھر کی ذمہ داریاں Mera Ghar, Ghareloo Zimaydarian (My Home - Domestic Responsibilities) (TV Course)	-do-	-do-	1980	-do-	Simple teaching of domestic responsibilities for adults	-do-

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Achha Kishan (Good Farmer) اچھا کسان	Nirali Kitab- ben, Lahore	Booklet	1978	Farmers	Promotion of modern techniques in farming	Urdu

APPROPRIATE TECHNOLOGY

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Baldia Soakpit Project	UNICEF	Brochure Booklet	1983	Govt., External Agencies, General	Information on low cost sanitation technology for urban slums	English
Training Field Level Workers in Rural Sanitation	-do-	Booklet	1982	Govt. Planners	Information and motivation on low cost technology for rural sanitation workers	-do-
Water/Sanitation Guidebooks	-do-	Set of booklets	1982	Water/San. Promoters, General	Guidebooks for promoters/instructors on technology and motivation of households to adopt the following:	Urdu/ English
1. WES Promotion Sanitation Committee	-do-	Booklet		-do-	WES Promotion Sanitation Committee	-do-
2. WES Promoter	-do-	-do-		-do-	Sanitation Promoters role	-do-
3. Flush Latrine	-do-	-do-		-do-	Flush Latrine	-do-
4. Bio Gas	-do-	-do-		-do-	Bio Gas	-do-
5. Clean Water	-do-	-do-		-do-	Clean Water Technology	-do-
6. Sanitation	-do-	-do-		-do-	Sanitation Practices & technologies	-do-
<u>Sanitation Posters</u>						
1. Bio Gas)						
2. Clean Water)	-do-	-do-	1982	-do-	Motivation on use of biogas for clean, safe, cooking and other household chores	-do-
3. Latrine)						

APPROPRIATE TECHNOLOGY

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
<p>Water and Sanitation Promoters Training Course Texts on:</p> <ul style="list-style-type: none"> ● Excreta Disposal ● Water & Sanitation Technology ● Biogas ● Waterseal Latrine 	UNICEF	Card Cover Stapled	1981	Village level Sanitation Workers	Information and guidelines on water-seal technology and construction	Urdu
<p><u>WES Flip Books</u></p> <ol style="list-style-type: none"> 1. Clean Water 2. Latrines 3. Sanitation 4. Biogas 	-do-	Flip Book	1982	-do-	Instructions on technology for ensuring clean water at low cost	-do-
Women in Sanitation	-do-	Slide set with text	1983	Women, Rural Health Workers, Govt., Planners	Showing how women can assist in and use appropriate sanitation technology	English
WES Promoters Training Course	-do-	Slide sound with text	1982	Planners, Govt., Rural Health Workers	Description of a course in appropriate technology techniques and community motivation for Rural Sanitation Workers	Urdu/ English
Village Sanitation	-do-	Slide set with text	1983	-do-	Showing how village communities can participate in sanitation programmes	English

APPROPRIATE TECHNOLOGY

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
School Sanitation	UNICEF	Slide set with text	1983	Planners, Govt. Rural Health Workers	Information on how to use low cost technology in improving school hygiene	English
WES Photo Exhibit	-do-	Mounted Enlargements with captions	-do-	-do-	Pictorial information on aspects of technology and participation in sanitation programmes	-do-
WES Promoters Manual	-do-	Book	1982	Sanitation Promoters	Covers basics of WES theory and technology as well as social processes at community level	Urdu
Baldia Soakpit Project	-do-	Slide sound set with text	1982	Planners, Government	Information on promotion of low cost technology for sanitation in slum areas	

BIO GAS

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Bio Gas Flip Chart بائیو گیس	UNICEF	Flipbook	1983	Rural Health and Sanitation Worker	Instructions on how to construct and maintain low cost bio-gas plants	Urdu
Bio Gas, Guide Book for Water & Sanitation Promoters بائیو گیس	-do-	Booklet	-do-	-do-	- do -	-do-
Bio Gas بائیو گیس	-do-	Poster	-do-	-do-	Motivation on the use of bio-gas for household tasks like cooking	-do-

BREASTFEEDING						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Poster - Mother and Child: Mother's Milk	UNICEF	Poster	1982	CHWs, General	Emphasising and explaining importance of mother's milk	
Poster - Increased food for grow- ing child	-do-	-do-	1982	General,CHW Mother	Explanation of infant nutrition and motivation on improved practices	
Poster - Increased Food for the Pregnant Mothers	-do-	-do-	1982	-do-	Explanation of food needs of pregnant mothers	
Breastfeeding - Mother's Milk	WHO/UNICEF WHO	-do- Booklet	1981	-do-	Pictorial explanation of food needs of Nursing mothers and preparation for breastfeeding	English Urdu
Breastfeeding	UNICEF	Flipbook	1982	-do-	-do-	
Man Kay Doodh Ki Ehmiat (Importance of Mothers Milk)	-do-	Booklet		General Public	Promotion of breastfeeding	Urdu
Nut. needs of mothers	-do-	Poster	1984	CHW,Mothers	Food needs of nursing and pregnant mothers	-do-
Nut. needs of infants	-do-	-do-	1984	-do-	Food needs of infants and growing children	-do-
Breastmilk is the best	-do-	-do-	1984	-do-	Promotion of breastfeeding	-do-

CHILD CARE

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
1. Your Baby's Health Book 2. Asp ka nounihal aur us ki Dekh Bhal آپ کا نونہال اور اس کی دیکھ بھال	Health Pub. Ltd. The Medical Centre Islamabad	Book	1980	Parents Mothers CHWs	Information on training field workers, motivating mothers towards proper child care	English Urdu
Healthy Mother, Healthy Child صحت مند ماں صحت مند بچہ	FPAP	Leaflet		Health Workers and Public	Promotion of child health care	Urdu
Child Development Observation Chart	Mission Hosp. Peshawar	Booklet		-do-	Training teacher	-do-
بیمار بچہ - گھر میں دیکھ بھال Bimar Bacha - Ghar Main Dekhbhal (Sick child - Care at Home)	Nirali Kitabeh Lahore	Booklet	1979	-do-	Contains information and instruction for care of sick child at home	-do-
مان کی گود Man ki Goed (Lap of Mother)	-do-	-do-	1980	-do-	Child care awareness, motivation and information	-do-

COMMUNITY PARTICIPATION & LOCAL LEVEL PLANNING (CP & LLP)

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Community Participation Kit	PAVHNA	Loose-leaf	1981	Community workers	Guidelines and forms for community survey	English
Programme Management Manual of U. & Plan of Action, District Council Mansehra	UNICEF	Book	1982	Councillors, Community Leaders/Workers & Govt. Functionaries	Management techniques in local level Planning	Urdu
Local Level Development Programme planning & Management through community participation		Book		Local leaders, Govt. planners	Programme Implementation procedures within the context of community participation	English

CP & LLP

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Community Participation programme field management programme planning, project designing, workshop guidelines for programme staff coordinators & social workers	UNICEF/PAVHNA	Book		Programme staff, coordinators, social workers	Training material on community participation techniques	English
Data Handbook for coordinators, Social Workers, Midlevel workers, CPP Teams	-do-	-do-		Coordinators, Social Workers, Midlevel Workers, CPP Teams	Techniques in data collection, planning and utilising results	-do-
Baldia Slide Set	UNICEF	Packaged slides with text & cassettes	1983	-do-	Information on technology and motivation on sanitation for urban slums	-do-
BIAD	UNICEF	1. Packaged slides with text 2. Photo folder with text	1983	-do-	Description of local level & community participation in basic services	-do-

CHW TRAINING

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Handbook for LHVs	Agha Khan Health Board, Karachi	Book	1981	Medics, CHWs	Working and Training Guide on delivery of basic health services at Community level	English
Operation 'Dehi' Punjab Community Baby Weighing Programme for detecting malnutrition	UNICEF	Booklet	1981	CHW, Medics General	Training Information, Working Guide for growth monitoring at community level	-do-
A Guide to Health : Training Manual for Community Health Workers	National Basic Health Services Cell	Book	1980	Medical technicians	Methodology and content for training CHW in the delivery of basic health services	-do-
PHC Flipbook	UNICEF	Flipbook	1982	Mothers	Training for LHVs	Urdu
LHV Kit	UNICEF		1982	LHVs		English Urdu
Health Guide for Village Health Workers: Immunization	BIAD	Booklet	1982	CHWs	Manual based on chapter in guide to Health	Urdu
Child Growth Chart - a guide book for CHW	PFWC Lahore	Booklet	1981	CHW, LHVs	CHW Training in growth monitoring rationale and techniques	Urdu

DAI TRAINING

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Handbook for LHVs	AKHB	Book	1981	Medics, CHWs	Working & Training Guide on the delivery of basic health services	English
Operation 'Dehi' Punjab Community Weighing Programme for detection of malnutrition	UNICEF	Booklet	1981	CHWs, Medics General	Training, information and working guide for growth monitoring at community level	-do-
TBA Training curriculum	-do-	Book	1984	LHV/MT	Techniques for the delivery of health care to mothers and infants	Urdu
Get your Village Dai Trained	-do-	Poster	1984	TBAs	Training material for TBA	-do-
Flipchart: Trained Dai	-do-	Flipchart	1984	"	-do-	-do-
Pocket book Dai Nama		Pocketbook	1984	"	-do-	-do-
Aap aur Aapki Dai (You and Your Dai)	Nirali Kitabeh Lahore	Book	1981	"	-do-	-do-
TBA Training: Trainers Guide & Lesson Plans	UNICEF	Book	1984	LHVs/MT	-do-	-do-
Immunize Your Children	-do-	Poster	1984	"	-do-	-do-

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Nut. Needs of Preg. & Nursing mothers	UNICEF	Poster	1984	IHV/MT	Training material for TBA	Urdu
Nut. needs of infants	-do-	-do-	1984	-do-	-do-	"

DEMOGRAPHY & POPULATION

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Information of Loops for Women	PFAP	Leaflet		General Public	Information on family planning	Urdu
Why Family Planning	-do-	-do-		-do-	-do-	"
Useful Suggestions	-do-	-do-		-do-	-do-	"
Two, one, Three	-do-	-do-		-do-	-do-	"
Population Education Teachers Guide-II	-do-	-do-		-do-	-do-	

DISABILITIES & HANDICAPPED

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
The situation of Disabled Children in Pakistan	UNICEF	Report	1982	General	Information, situation analysis of the disabled and strategies to assist them	English

GOITRE						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Goitre in Pakistan	Govt. of Pak.		1979	Researchers	Data and statistics on Goitre in Pakistan	English
Peshawari Namak (Peshawari Salt) پشاورى نمک	UNICEF	Booklet	1982	Gen. Public	Rationale and motivational material for using iodinated salt in goitre control	Urdu
Nan Doshi ki Kahani (Story of Nan Doshi) نان دوشى كى كهانى	-do-	Cartoon booklet	1982	-do-	-do-	-do-
Calendar Poster, Handbill Stickers Hanging Mobile, Buntings	-do-	Display items Visual	1982	-do-	-do-	Urdu/Pushto Chitrali

GROWTH MONITORING

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
بچے کی نشوونما Operation 'Dehi' Punjab Bachy Ki Nashwo Numa	UNICEF	Book	1981	Medics, CHWs	Training Guide and working manual for growth monitoring at village level	English Urdu
Who is a healthy child Mid Arm circumference measuring band	-do-	Armband and leaflet	1981	CHWs	Growth Monitoring tools	Urdu
Growth Monitoring Exercise Cards	-do-	Flipcards		CHWs	Training exercises in recording on growth charts	-do-
Baby Weighing	-do-	Poster		CHWs/Mothers	Promotion of baby weighing as an easy effective method of growth monitoring	-do-
Child Growth - A Guide book for CHWs	PFWC		1981	CHWs	CHW training on childcare	-do-
Child Development - Observation Chart	Mission Hosp. Peshawar	-do-		Medics, CHWs	Teacher training in physical and mental growth monitoring	-do-

H E A L T H						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Nutrition and Health Care for your Child	Health Publications Ltd. Medical Centre Islamabad	Book	1979	Medics, Paramedics, Home economists, Parents.	Information for training and improved practices.	English
Child Care بچے کی دیکھ بھال	UNICEF	-do-	1981	CHWs, Mothers	Simple messages in improved child care practices	Urdu
Basic Health Services Project and Local Health Workers Training Programme Module	NBNSC	-do-		Mid level Health Workers	Information for training in the following:	English
Book I: Care Knowledge & Skills	-do-	-do-		-do-	Health Care skills	-do-
Book II: General Clinics	-do-	-do-		-do-	-do-	-do-
Book III: Maternal & Child Health	-do-	-do-		-do-	-do-	-do-
Book IV: Trauma and Emergencies	-do-	-do-		-do-	-do-	-do-
Book V: Community Health	-do-	-do-		-do-	-do-	-do-
Book VI: Clinical Reference Manual	-do-	-do-		-do-	-do-	-do-
AHP/PHC Assignment Report	UNICEF	Report	1983	Government	Information for planning of programmes and their implementation	-do-
Diphtheria خناق	Health Deptt: Punjab	Leaflet		General Public	EPI promotion at community level	Urdu
Measles خسرہ	-do-	-do-		-do-	-do-	-do-

HEALTH

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Stop Smoking	Health Deptt: Sind	Leaflet		General public	Explains diseases caused by smoking	Urdu Sindhi
Influenza and Protection from it	Dte of Health Sind	Leaflet		-do-	Information on the disease and instructions on its prevention	Urdu
Health Guide for village Health Workers Common Medical Problem	BIAD	Book	1983	CHWs	Guide for health workers	-do-
رستم کا گھرانہ صحت پر عمل Rustam Ka Charana Hifzane Sehat Per Amal (Rustam Family - Health Care)	Nirali Kitaben Lahore	Booklet	1978	New Literates	Teaching of basic hygiene at home	-do-
حادثات اور فورے روک تھام Hadsat Aur Fori Roktham (Accident and First Aid)	FPAP Lahore	-do-	-do-	-do-	Describes how first aid is given before medical aid is available	-do-
مکھی - ہماری دشمن Makhi - Hamari Dushman (Fly - Our Enemy)	Nirali Kitaben Lahore	-do-	1981	-do-	Describes diseases spread by flies and suggest its control	-do-
بیمار بچہ - گھر میں دیکھو بہال Beemar Bacha, Ghar Man Dekhbal (Sick Child, Care at Home)	-do-	-do-	1979	-do- Public	Child care awareness	-do-
پیٹ کے کیڑے Pait Kay Keeray (Round Worms)	-do-	-do-	-do-	-do-	Prevention and Treatment	-do-
دائی Dai Nurse	-do-	-do-	1982	TBA	Guide for dais on pregnancy, child birth and child care	-do-

						HEALTH
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Handbook for LHVs	Agha Khan Health Board Karachi	Book	1981	Medics/LHVs	Training guide for delivery of basic health services	English
Mothers and Child Health Care Beliefs and Practices. Agberg and Pir Alizai Cluster, Baluchistan	UNICEF	Report		Planners	Data presentation and analysis interpreted for programme implementation	-do-
Nutrition in Growth and Health	P&D Deptt: GOP	Book	1980	Medics, Govt. Planners	Basic nutrition knowledge and guidelines for information and training	-do-
Your Baby's Health Book	National Health Foundation	Book	1980	Mothers CHWs	Information on techniques in childcare for training and improved practices	-do-
آپ کا نونہال اور اس کی طبی نگہداشت Aap ka Naunihal aur is ki Tibbi Nighedasht	-do-	Book	1980	-do-	-do-	Urdu

MISCELLANEOUS						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Report of the National Workshop on Curriculum development	National Bureau of Curriculum & Textbooks	Report	1976	Educationists, Government Planners	Information, recommendations on curriculum planning in Pakistan	English
Use of Blackboard	UNICEF	Pamphlet		General	Information on advantages and proper use of blackboards as an educational and communication tool	Urdu

NUTRITION

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
A Study of Nutritional Status and Physical Development of Primary School Children	UNICEF	Report		Government Planners	Data presentation and recommendations on implementation of nutrition programmes in schools	English
Growth Charts	BHS Cell	Cards	1983	CHW, Parents Medics	Growth monitoring tools	Urdu/ English
Mid Arm Circumference Measuring Band	-do-	Leaflet	1981	-do-	-do-	Urdu
Operation 'Dehi' Punjab Community Baby Weighing Programmes for Detection of Malnutrition	UNICEF	Booklet		-do-	Training, information, working guide for growth monitoring at village level	English Urdu
Nutrition in Growth and Health	P&D Division GOP		1980	Medics, Govt. Planners	Nutritional Guidelines for Information and training	English
Nutrition in Primary Health Care	Nat. Nutr. Fdn. The Medical Centre, Ibd.	Book	1978	CHW	Information, training and improved nutrition practices	English Urdu
Nutrition and Health Care for the Young Child	Health Pub Ltd., The Medical Centre, Ibd.	Book	1979	Medics, Paramedics, Home economists, Teachers	Information, training and improved nutrition practices	-do-

NUTRITION

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Manual for Training of the Trainers, Community Baby Weighing Programme for Detection of Malnutrition, Operation 'Dehi'	P&D, Islamabad	Book	1981	Dai Trainer Planners	Training methodologies for educating Community Nutrition Workers	English
Food Distribution and Integrated Health Services	UNICEF	Poster	1982	CHWs, Dais Parents	Pictorial discription of aspects of a BHU for informing and motivating family members	Urdu
Training Course for Food Education and Organization (Supplementary Food Programme)		Book			Outline of a course for training LHVs in nutrition	-do-
Nutritional Status of Women and Children	UNICEF	Report	1983	Medics Planners	Data and information on maternal infant nutrition status and problems	English
Child Nutrition	-do-	-do-	-do-	Health and Nutrition Workers	Teaching methodologies and promotion of improved child nutrition	Urdu
Balanced Food	Health Deptt: Punjab	Leaflet		General public	about Teaching ^ Balanced Food	-do-
Powdered Milk is not Better than Mother's Milk	Health Deptt: Sind	-do-		-do-		-do-
Importance of Mother's Milk	FPAP	Paper back		-do-	Describes usefulness and importance of mother's milk	-do-

NUTRITION						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
ہمیں کیا کھانا چاہیے Hamai Kia Khaina Chiay? (What should we eat?)	Nirali Kitabeh Lahore	Paper back	1979	General public	Teaching of balanced food and treatment by food of vitamin deficient patients	Urdu
سستے کھانے Sastay Khanain (Cheap Dishes)	-do-	Glazed Card cover	1981	-do-	Guide to cooking Pakistan food	-do-
بی بی کا گھر Bibi Kay Ghar (House of Bibi)	Adult Educa- tion Dte. Lahore	Booklet	1976	New Literates	Promotion of balanced food for the family	-do-
بچہ اور ٹھوس غذا Bacha aur Thos Giza (Solid food and babies)	Nirali Kitabeh Lahore	-do-	1979	-do-	Weaning food promotion	-do-

O R S

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Knowledge, Attitudes, Practices related to treatment of Diarrhoea	UNICEF	Report	1983	Government, Planners	Research study & analysis on diarrhoea and its treatment in Punjab	English
O R S	Govt of Baluchistan	Booklet	1983	Health & Community Workers	Information on the use and preparation of ORS at the village level	Urdu
O R S	Min of Health	Pamphlet	1979	General	Information on use & preparation of ORS	Urdu
O R S Powder	UNICEF	Pamphlet		General	-do-	Pushto
Diarrhoea Treatment & Prevention measures	FPAP	Booklet		General	Education on preventive and curative diarrhoea treatment	Urdu

REFUGEE HEALTH & OTHER PROGRAMMES

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Half the Faith is Cleanliness	UNICEF	Flip book	1984	Sanitation workers LHV	To promote healthful living practices	Pushto
Maintenance of Wells	-do-	Flip cards	1984	-do-	To promote maintenance of shallow wells in camps	-do-

RESEARCH REPORTING, SURVEYS & MISCELLANEOUS

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Socio Economic Surveys of Rural Areas of Baluchistan	UNICEF	Book	1980	Govt. Planners	Data presentation, analysis and interpretation for programme planning and implementation	English
A study of Nutritional Status & Physical Development of Primary School Children	-do-	Book		-do-	-do- Nutrition	-do-
Mother & Child Health Care, Beliefs and Practices, Agberg, Pir Alizai Clusters, Baluchistan	UNICEF BIAD	Book		-do-	Maternal and Child Care	-do-
Situation of Children in Rural Punjab: A Preliminary Report	UNICEF	Report	1980	-do-	Children's Programmes	-do-
Children of Rural Sind	-do-	Report	1979	-do-	Children's Programmes	-do-
Micro Nutrient Survey of Pakistan 1976-77 Vol. I & II		Book	1979	-do-	A basic source of data on Nutrition	-do-
Nutrition Education through Mass Media - Report on Baseline Survey	-do-	Report	1983	-do-	Nutrition Education	-do-
Nutritional Problems of Infants & Pre-school Children (0-5 Yrs) in Pakistan	P&D Div. Nut. Cell, Islamabad	-do-		-do-	Data Presentation and analysis of educational problems and causes, in young children (children programmes)	-do-
Knowledge, Attitude & Practices related to treatment of Diarrhoea	UNICEF	Stapled	1983	-do-	Data presentation and analysis on diarrhoea and its treatment in the Punjab	-do-

SANITATION						
TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Baldia Soakpit Project	UNICEF	Booklet	1983	General	Brief details of sanitation programmes in a Karachi slum	English
Knowledge, Attitude & Practices regarding Water & sanitation - A Study of six villages of Jhelum	-do-	-do-	1983	Govt. Planner	Data Presentation and analysis of water and sanitation in Punjab	-do-
Training Field Workers in Rural Sanitation	-do-	-do-	1982	-do-	Background on Sanitation extension workers training	-do-
BALDIA	-do-	Slide-sound set	1983	Govt. Planners Community	Motivating slum communities to participate in and use improved sanitation methods	-do-
Women in sanitation	-do-	Slide-set	1983	-do-	The role of women as promoters & beneficiaries of improved sanitation practices	-do-
WES Promoters Training Course	-do-	Slide-sound set	1982	-do-	The training methodology for preparing field level village sanitation workers	-do-
Village Sanitation	-do-	Slide-set	1983	-do-	How a village improves with introduction of new sanitation techniques	-do-
WESS Promoters Guide Books: WESS Promoters, Flush Latrines, Clean Water, Biogas, Sanitation, Village Sanitation Committee	-do-	Booklets	1983	Water & Sanitation promoters	Training material	Urdu/ English

SANITATION

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
School Sanitation	UNICEF	Slide set	1983	Government Planners Community	Sanitation as a subject and a practical way of life for school children	English
Flush Latrines, Tap Water, Biogas	-do-	Posters, Flipbooks	1983	Promoters, Comm. workers General	Motivation for use of low cost sanitation technology	Urdu
Sanitation	-do-	Flip book	1983	WES Promoters	Construction details of soakpit latrines	-do-
Village Workers Manual	-do-	Book	1983	Community workers	Reference for information and techniques on approach and motivation at village level	-do-
Knowledge, Attitude, Practices regarding Water & Sanitation: A study of six villages in Mansehra District NWFP	-do-	Stapled Report	1984	Government Planners	Data presentation and analysis on water and sanitation in Mansehra NWFP	

SKILLS TRAINING FOR WOMEN

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
مزیدار کھانے Mazedar Khaney (Delicious Dishes)	Nirali Kitabeh Lahore	Booklet	1981	General public	Teaching of Pakistani food preparation	Urdu
سبزیاں اگاؤ Sabzian Ugayyay (Grow Vegetables)	-do-	-do-	1976	-do-	Teaching of vegetable growing at home	-do-
آپ کی سائیکل حفاظت اور مرمت Apki Cycle : Hifazat aur Muramat (Your Cycle - Care and Repair)	-do-	-do-	1976	-do-	Guide to maintenance and simple repair	-do-
اک اچھا کسان - کاشت کی نئی Tareekay (A good Farmer - New ways of Farming) ایک اچھا کسان کاشت کے نئے طریقے	-do-	-do-	1978	-do-	Teaching of new training methods and use of good seeds, fertilizer, and insecticides	-do-
Skills Training Course Guides	-do-	-do-	1983	Skills Teach- er, Trainees, Course Planners	Teaching guide on steps and techniques in crafts skills	-do-
• Jashti Karhai, Phulkari (Jashti Embroidery)	-do-	-do-	"	-do-	-do-	-do-
• Gaba	-do-	-do-	"	-do-	-do-	-do-
• Charkha Katna (Spinning)	-do-	-do-	"	-do-	-do-	-do-
• Makrama, Guildan Hanger (Macrama, Vase Hanger)	-do-	-do-	"	-do-	-do-	-do-

SKILLS TRAINING FOR WOMEN

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
<p>Manual for establishing IGAW at Central and Village level:</p>	<p>UNICEF</p>	<p>Manual</p>	<p>1984</p>			
<p>Vol.I Planning Programmes and courses</p>				<p>Course Planners, Administrators</p>	<p>Operational manual on planning programmes and courses for planners and administrators: budget, recruitment</p>	
<p>Vol.II Organising & Implementing Training</p>				<p>-do- Skill teachers and Supervisors (Villages and Central levels)</p>	<p>Instructors/operational manual on organising and implementing training for teaching master trainers, supervisors and Trainers</p>	
<p>Vol.III Teaching Village Handcrafts</p>				<p>Course Planners & Skill Teachers & Supervisors</p>	<p>Operational manual on Craft skills curricula and teachers guides for Teaching villages handicrafts: carpet weaving, macrama etc.</p>	
<p>Vol.IV Teaching Home Improvement Skills</p>				<p>Course Planners, Skills Teachers & Guest Lecturers</p>	<p>Operational manual on teaching home improvement skill to village women: water and sanitation, nutrition, poultry, vegetable garments.</p>	

WATER

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Knowledge, Attitudes & Practices regarding Water & Sanitation - study of six villages of distt: Jhelum	UNICEF	Booklet	1983	Government Planners	Data presentation and analysis Programme planning	English
Training Field Workers in Rural Sanitation	-do-	-do-	1982	-do-	Background on Sanitation Worker, Extension training	-do-
Clean Water ساف پانی	-do-	-do-	1983	Sanitation Promoters	Construction & teaching village technical, motivational aspects of water and sanitation	English Urdu
Clean Water ساف پانی	-do-	-do-	1983	-do-	Aspects of construction of technologies for water purification	Urdu
Tap Water ٹپے کا پانی	-do-	-do-	1983	-do-	Advocacy re. the benefits of tap water vs. polluted sources	Urdu
Knowledge, Attitude, Practices regarding Water & Sanitation : A study of six villages in Mansehra District NWFP	-do-	Stapled Report	1984	Government Planners	Data presentation and analysis on water and sanitation in Mansehra District	English

WEANING

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Supplementary Weaning Food Mixes	UNICEF	Report	1981	Medics General	Research study on cheap weaning recipes	English
Weaning Foods - Solid Foods for children	-do-	Booklet	1982	Extension & SW staff	Cheap weaning recipes with pictorial representations	Urdu
Weaning Recipes I, II, III	-do-	Charts	1982	Mothers	Pictorial memory aids of cheap weaning recipes	Urdu
Weaning Flipbook	-do-	Flopbook	1983	CHWs, TBAs, Mothers, Medics	Promotional material on proper weaning practices and recipes	Urdu
Weaning Foods	ABES	Cassette		-do-	-do-	Urdu
Baby and Solid Food	Nirali Kitaben Lahore	Paperback	1979	-do-	-do-	Urdu

WOMEN'S ACTIVITIES

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
Women in Sanitation	UNICEF	Slide set with text	1983	Sanitation Promoters, Planners, Women	Explanation and motivation regarding the role of women in construction, motivation, use of low cost sanitation technology	English
Status of Cooperation on Children and Women Development, Punjab 1982	UNICEF & P&D Deptt: Lahore	Report	1982	Government Planners	Information and analysis on the implementation of programmes for women and children	-do-
Information on Loops for Women	FPAP	Leaflet		General Public	Promotion of family planning	Urdu
Salma - A Good wife	Nirali Kitabeh Lahore	Book	1978	General	Promotional booklet on domestic savings	-do-
Aqalmand Biwi (Wise wife)	-do-	Book	1981	General Public	Promotional booklet on hygiene, sanitation, and health	-do-

WOMEN'S ACTIVITIES

TITLE	PUBLISHER	FORMAT	YEAR	AUDIENCE	DESCRIPTION	LANGUAGE
● Makrama Buniadi Girhain (Makrama, basic knots) مکرامہ بنیادی گرہیں	-do-	-do-	-do-	-do-	-do-	-do-
● Mozon Ki Bunai (Socks knitting) موزوں کی بنائی	-do-	-do-	-do-	-do-	-do-	-do-
● Sweater Ki Bunai (Sweater knitting) سوئیٹر کی بنائی	-do-	-do-	-do-	-do-	-do-	-do-
● Kapray Ki Gurya Banana (Cloth doll making) کپڑے کی گوریا بنانا	-do-	-do-	-do-	-do-	-do-	-do-
Manual for establishing IGAW at Central and Village level:	UNICEF	Manual	1984			
Vol. I Planning Programmes and courses				Course Planners, Administrators	Operational manual on planning programmes and courses for planners and administrators: budget, recruitment	
Vol. II Organising & Implementing Training				-do- Skill teachers and Supervisors (Villages and Central levels)	Instructors/operational manual on organising and implementing training for teaching master trainers, supervisors and Trainers	
Vol. III Teaching Village Handcrafts				Course Planners & Skill Teachers & Supervisors	Operational manual on Craft skills curricula and teachers guides for Teaching villages handicrafts: carpet weaving, macrama etc.	
Vol. IV Teaching Home Improvement Skills				Course Planners, Skills Teachers & Guest Lectures	Operational manual on teaching home improvement skill to village women: water and sanitation, nutrition, poultry, vegetable garments.	



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